



# Operation Fit Kids

ACE Healthy Kids Curriculum

Gain more knowledge in how to feel good in body and mind by learning the importance of being physically active and making healthy food choices!

**October 14 - December 16**

**Fridays**

**3:30 - 4:30 pm**

**at Le Roy Elementary**

**Boys and Girls**

**Grades K - 2**

8 week program with exercise programming and topic discussion each session! Let's build healthy kids together!



Members: \$25.00

Prospective Members: \$50.00