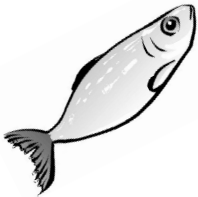


Sardine



Beginner 1

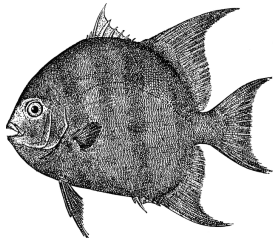
Comfort Level

- 1 Jump in and return to the side without assistance
- 2 Walk or swim away from the pool wall, turn around, reach and grab wall

Skill Level

- 1 Front and back float; return to standing position without assistance
- 2 Paddle on front 25 yards (1 length of pool) with a float belt; 21 feet without
- 3 Paddle on back 25 yards (1 length of pool) with a float belt; 21 feet without

Moonfish



**Advanced
Beginner 1**

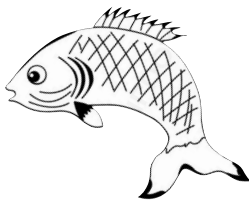
Comfort Level

- 1 Jump in deep water and return to side without assistance
- 2 Front & back float 30 seconds without assistance

Skill Level

- 1 Front crawl w/rotary breathing 15 yards without assistance
- 2 Backstroke 15 yards without assistance
- 3 Elementary backstroke 15 yards without assistance
- 4 Able to tread in deep water for 30 seconds

Salmon



**Advanced
Beginner 2**

Comfort Level

- 1 Perform front crawl w/rotary breathing 25 yards (1 length of pool)
- 2 Perform breaststroke using a pull, breathe, kick, glide sequence 25 yards (1 length of pool)
- 3 Perform backstroke 25 yards (1 length of pool)
- 4 Perform elementary backstroke 25 yards (1 length of pool)
- 5 Able to tread water 1 minute
- 6 Perform an open turn

Tuna

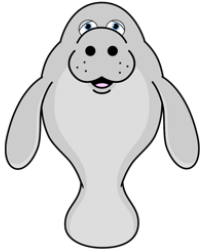


Intermediate

Skill Level

- 1 Freestyle 50 yards (1 lap) with open turns
- 2 Breaststroke 50 yards (1 lap) with open turns
- 3 Backstroke 50 yards (1 lap) with open turns
- 4 Elementary backstroke 50 yards (1 lap)
- 5 Butterfly 15 yards
- 6 Able to tread water 3 minutes
- 7 Perform a flip turn

Manatee



Advanced

Skill Level

- 1 Freestyle 100 yards (2 laps) with flip turns
- 2 Breaststroke 100 yards (2 laps) with open turns
- 3 Backstroke 100 yards (2 laps) with flip turns
- 4 Elementary backstroke 100 yards (2 laps)
- 5 Butterfly 25 yards (1 length)
- 6 Individual medley (butterfly, backstroke, breaststroke freestyle 100 yards with proper turns related to each stroke)
- 7 Able to tread water 6 minutes

Important Information

This evaluation guide should provide staff and parents the information needed when enrolling a child in Replex's preschool swim lesson program.

How to use this guide

Review the skills listed for each level. If a child can complete the skills shown in a particular level, review the skills in the next level. Parents should register their child for the first level displaying skills that a child cannot complete.