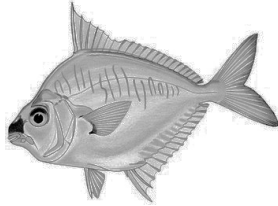


Ponyfish



Beginner 1

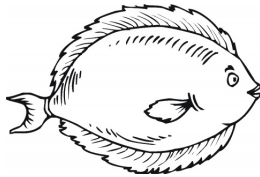
Comfort Level

- 1 Submerge face and/or whole head
- 2 Back float 15 seconds with float belt and instructor assistance
- 3 Release wall, swim/paddle, turn, grab wall with assistance

Skill Level

- 1 Paddle on front 10 yards (30 feet) with float belt; 5 feet without
- 2 Paddle on back 10 yards (30 feet) with float belt; 5 feet without

Flounder



Beginner 2

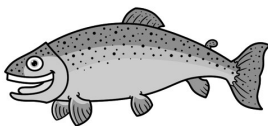
Comfort Level

- 1 Jump and return to slide without assistance or support
- 2 Front and back float 15 seconds without using a float belt

Skill Level

- 1 Paddle on front 25 yards (1 length of pool) with float belt; 15 feet without
- 2 Paddle on back 25 yards (1 length of pool) with float belt; 15 feet without
- 3 Elementary backstroke 25 yards with float belt; 15 feet without

Trout



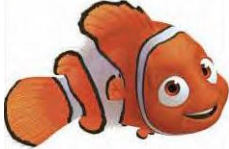
Advanced Beginner 1

Skill Level

- 1 Front crawl with rotary breathing 15 yards with float belt; 21 feet without
- 2 Breaststroke paddle 15 yards with float belt; 21 feet without
- 4 Backstroke paddle 15 yards with float belt, 21 feet without
- 5 Elementary backstroke 15 yards with float belt, 21 feet without

See next page for further information.

Clownfish

 Advanced Beginner 2	Skill Level
	1 Front crawl with rotary breathing 25 yards (1 length of pool) without float belt or assistance
	2 Breaststroke paddle 25 yards (1 length of pool) without float belt or assistance
	3 Backstroke paddle with rotary breathing 25 yards (1 length of pool) without float belt or assistance
	4 Elementary backstroke 25 yards (1 length of pool) without float belt or assistance

Important Information

This evaluation guide should provide staff and parents the information needed when enrolling a child in Replex's preschool swim lesson program.

How to use this guide

Review the skills listed for each level. If a child can complete the skills shown in a particular level, review the skills in the next level. Parents should register their child for the first level displaying skills that a child cannot complete.